

# Laughing Buddha Yoga

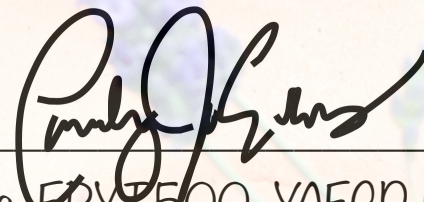
Certifies that

*Lil Harris*

Has completed all the requirements to receive a lifetime certification in the teaching of yoga.

Having completed a course of study of 230 hours on March 27, 2021

95 contact & 25 non-contact hours Training, Techniques and Practice, 30 contact & 8 non-contact hours Teaching Methodology, 17 contact & 3 non-contact hours Anatomy and Physiology, 30 contact and 7 non-contact hours Yoga Philosophy, Lifestyle and Ethics, and 10 contact and 5 non-contact hours Practicum.



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Candy Evans, ERYT500, YAACP, Lead Trainer